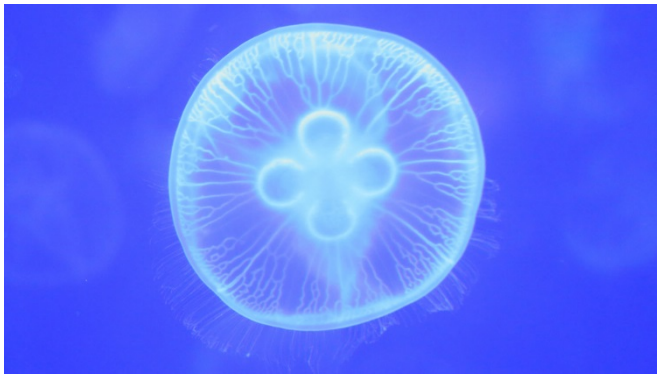


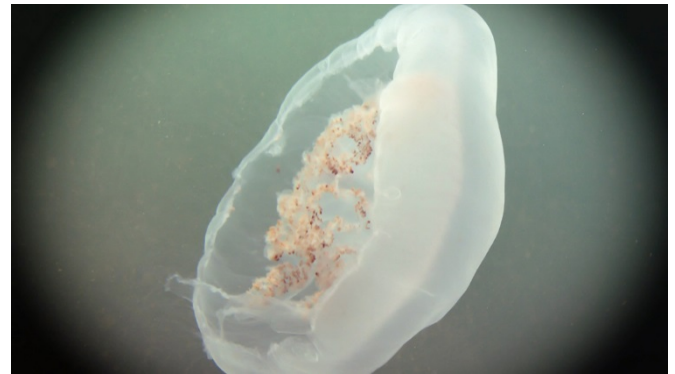
Summer heat = tour to the beach

- and sometimes the risk of meeting a stinging jellyfish

How do you recognize the harmless jellyfish from its unpleasant cousin?



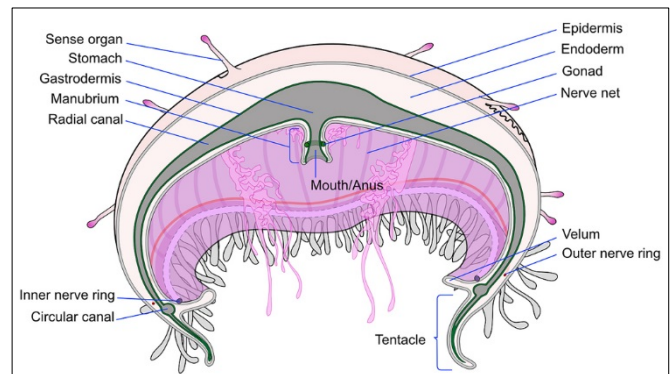
The jellyfish is recognized by its nerve system of four characteristic rings. The rings are in different shades of light pink, violet or blue.



The jellyfish carries the eggs/larvae on its underside and during that time, the jellyfish is a bit red. It CANNOT burn you – unless you actually kiss it.



The stinging jellyfish in the Baltic is mostly the red one with a yellow-orange-red colour. It is recognized on the full underside and the long tentacles, stinging at the slightest touch.



Anatomy of jellyfish

First Aid

Pour vinegar on the site to keep the nettle cells from burning further.

Scrape the site in one direction, using a plastic card or ice stick. Clean after each stroke.

Cool the site with ice wrapped in clothe.

Apply a local anaesthetic cream/ointment, like Lidokain or Xylokain.

Take an antihistamine.

If uneasiness like nausea occurs – consult a doctor.



The vinegar does not have to be expensive – simply buy the one for making pickles.

We wish you a nice day at the beach.